LUNCH

GUILT FREE SOUPS & SALADS

CHEF'S MARKET SOUP	\$9 full	\$6 half
CHICKEN NOODLE SOUP	\$9 full	\$6 half
CAVU SALAD oven dried tomato\ beet string\ watermeld catalina vinaigrette\ mixed greens	\$12 full on radish \	\$8 half
CHOPPED CAESAR romaine\ pancetta\ kalamata crumble\ p grilled herb flatbread\ lemon	\$12 full parmesan\	\$8 half
CLASSIC WEDGE SALAD stilton\iceberg lettuce\ poached tomatoe	es\ pancetta b	\$14 acon\

add sliced avocado \$4, grilled chicken breast or salmon \$6½ (6) garlic prawns \$9

BIGGER SALAD BOWLS

spiced pecans\ buttermilk ranch

tuna poke bowl 🦂	E		\$21
marinated ahi tuna\ sesame crisp	o∖ green o	nion\ edama	ıme\
fresh mango\ avocado\ pickled	cucumber	r∖ rice noodle	:\
leafy greens	E		
	-	=	
DYNAMITE BOWL 🚳	F		\$19
crispy togarashi prawn\ avocado	o\ yam chi	ps\	
cucumber\ tobiko\ nori\ sesame	aioli\ citru	us dressing\	
black sesame crisp\ yuzu pearls\	leafy gree	ns	

CARNE ASADA STEAK SALAD \$22
chili spice seared 6oz flat iron steak\ manchego cheese\
corn & black bean\ pickled onion\ pico de gallo\ iceberg lettuce\
avocado crema\ roasted garlic lime vinaigrette\ tortilla crisps

SHAREABLES

YAM WEDGES (**) togarashi spiced\ sesame mayo\ kimchi ketchup	\$11
FRIED MAC N CHEESE BITES pancetta crisp\ truffle aioli\ smoked salt\ shaved grana pe	\$11 adano
CHARRED SHISHITO PEPPERS Smoked salt\ roasted garlic lime vinaigrette\ sriracha aioli	\$11
BRUSSEL SPROUTS Dourbon balsamic glaze\ spiced pecans\ manchego	\$11
MEDITERRANEAN LABNEH (SOFT CHEESE SPREAD) arbequina olive oil\ dukkah\ olives\ rosemary\ dipping bro	\$11 ead
TUSCAN KALE & ARTICHOKE DIP (Concederation)	\$12
CRISPY "MANCHURIAN" CAULIFLOWER Chili\ green onion	\$12
FRIED CHICKEN BASKET choose regular or nashville hot style\ frank's red hot sauce	\$13
PAN FRIED PRAWN POT STICKERS 😚 soy\ chili sesame oil\ scallion\ sesame	\$13
CRISPY CHILLI FRIED SQUID & PRAWNS (5) togarashi spice\ shishito pepper\ green onion\ yuzu aioli\ chili oil\ sesame puff	\$161/2

FORK, KNIFE OR SPOON

	BEER BATTERED FISH & CHIPS 👶 tartar\ fresh slaw\ lemon	1PC \$16	2PC \$21
	QUESADILLA Corn & black bean\ jack cheese\ avocado pico de gallo\ sour cream served with a choice of fries, soup or salad add sliced avocado \$4, grilled chicken bred make 'em blackened for \$.50		\$17 (6) prawns \$9
	THAI-GER RICE BOWL bok choy\ peppers\ shiitake\ peas\ carrot\ coconut crumble\ tangy slaw\ red thai curr add grilled chicken breast \$6½ or (6) prawns	y∖ jasmine	
(:111	CHICKEN KATSU CURRY breaded chicken\ pickled onion\ cilantro\ curry broth\ carrot & pea salad	coconut r	\$24 ice\
	CAVU CHICKEN & WAFFLES buttermilk belgian waffle\ cilantro honey\ to chili spice\ pickled vegetables	angy slaw	\$19
	CHIMMICHURRI GRILLED CHICKEN malagueta sauce\ coconut rice\ grilled asp	paragus\ <u>y</u>	\$26 yucca chips
	STEAK FRITES grilled 6oz flat iron\ maître de hotel butter\ bu	oourbon ju	\$26 us\ french fries
	LOBSTER RAVIOLI cognac cream\ arugula\ lobster meat\ asp	oaragus\ (\$28 grana padano

WEEKEND BRUNCH

AVAILABLE: SAT/SUN 11AM-2PM

2 EGGS ANY STYLE smoked bacon, ham, pork or turkey sausage links\ sautéed breakfast potatoes\ roasted tomato\ toast	\$18
CLASSIC BENNY 2 eggs poached\ english muffin\ hollandaise sauce\ sautéed breakfast potatoes \ choice of canadian back bacon or smoked salmon	\$18
FEATURE BENNY your server will give you the details	\$18
CHEF'S HASH grilled chorizo sausage\ roasted mushrooms\ charred tomatoes\ sautéed peppers & onions\ 2 poached eggs served with sautéed breakfast potatoes a	\$18 & toast
SOURDOUGH FRENCH TOAST country sourdough\ brown sugar caramelized banana\ pecans\ maple syrup\ whipped cream	\$16



item is on the Ocean Wise list of sustainable seafood



symbol denotes vegetarian option

Ask not what your country can do for you. Ask, what's for lunch?

- Orson Welles



LUNCH

SIGNATURE SANDWICHES

Served with a choice of fries, soup or salad

CAVU-CADO TOAST W \$16 smashed avocado\ roasted peppers\ poached heirloom tomato\ goats cheese\ arugula\ grilled herb flat bread

add a fried "omega 3 enhanced" egg for \$4

VEGETARIAN BURRITO

\$16

\$16

ground "beyond" sausage chilli\ corn & black bean\ jack cheese\ avocado crema\ green onion\ fresh tomato\ tomato basil tortilla

CROQUE MONSIEUR (FANCY PANTS GRILLED HAM & CHEESE) \$15 **8oz BEEF PATTY**

BRIOCHE

gruyere cheese \ black forest ham\

4oz SALMON 🛜

CHOOSE YOUR BUN...

TUXEDO SESAME SEED

CHOOSE A PROTEIN...

HERB FLAT BREAD **GLUTEN FREE BUN**

PRETZEL CRUSTED CHICKEN BREAST **GRILLED CHICKEN BREAST**

BUILD YOUR OWN BURGER - \$161/2

Served with a choice of fries, soup or salad

fried country sourdough loaf

BEYOND VEGAN PATTY (GF)

add a fried egg to make it a croque madame \$4

ULTIMATE BLT SANDWICH pork belly\ tiroler bacon\ smoked bacon\ pancetta\ lettuce\ tomato\ mayo\ toasted sourdough

DIJON MAYO

CHOOSE A SPREAD...

ROAST TURKEY CLUB

CLASSIC MAYONNAISE

fresh house roasted breast\ smoked bacon\ lettuce\ tomato\ mayo\ toasted sourdough

CHOOSE YOUR CHEESE (\$2 ea)...

APPLEWOOD SMOKED CHEDDAR

CHUCK NORRIS CHICKEN WRAP

roundhouse of flavour to the mouth

ARMSTRONG CHEDDAR

BRIE CHEESE

UPGRADES! (\$2 ea)..

SMOKED BACON TIROLER BACON

CURED PORK BELLY

SAUTÉED ONIONS

FRIED EGG (\$4)

PORT ROASTED ONIONS

ROASTED MUSHROOMS

\$16 hoisin grilled chicken\ toasted peanuts\ sriracha\ sesame aioli\ scallion\ cilantro\ cucumber\ greens\ grilled tortilla\

STILTON SWISS CHEESE **OKANAGAN GOATS CHEESE**

<u>CRAFT BURGERS</u>

Served with a choice of fries, soup or salad

CAVU BURGER

8oz fresh beef patty\ port roasted onions\ tiroler bacon\ applewood smoked cheddar\ dijonaise\ brioche bun

\$18

\$18

\$19

"WHICH CAME FIRST" BURGER aka the Viv \$18 spicy fried chicken\ sunny side egg\ swiss cheese\ chipotle aioli\ southern slaw\ brioche bun

DEEP BLUE BURGER 🐬

SLICED AVOCADO (\$4)

4oz grilled pacific salmon\ preserved lemon salsa\ marinated cucumber\ tartar\ fresh slaw\ brioche bun CHOOSE YOUR SAUCE(S)..

CHICKEN SCHNITZEL BURGER

SWEET GRAINY MUSTARD

pretzel crusted chicken breast\ grainy mustard\ swiss cheese\ back bacon\ caper slaw\ sesame brioche

SRIRACHA RANCH

CHIPOTLE BBQ

\$19 IT'S NACHO AVERAGE CHEESE BURGER 8oz beef patty\ cheddar\ tomato\ green onion\ olives\

CAESAR DRESSING FRANK'S RED HOT

jalapenos\ sour cream\ salsa\ sesame brioche

CHOOSE YOUR ROUGHAGE..

THE BALLER \$26 8oz beef patty\ sautéed lobster\ béarnaise sauce\ asparagus\

LETTUCE TOMATO **ARUGULA**

SPINACH

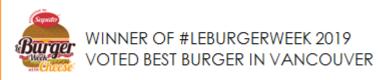
RED ONION

arugula\ dijonaise\ brioche

LE BIG MAC N CHEESE BURGER

\$20

8oz beef patty \ cheddar cheese \ raclette cheese \ bacon' ketchup\ mac n cheese bun





\$1 from every craft burger sold at lunch will go to the Richmond KidSport Foundation. A local charity that helps underprivileged kids play and enjoy the benefits of sport.

"Good food is very often, even most often, simple food."

<u>— Anthony Bourdain</u>

